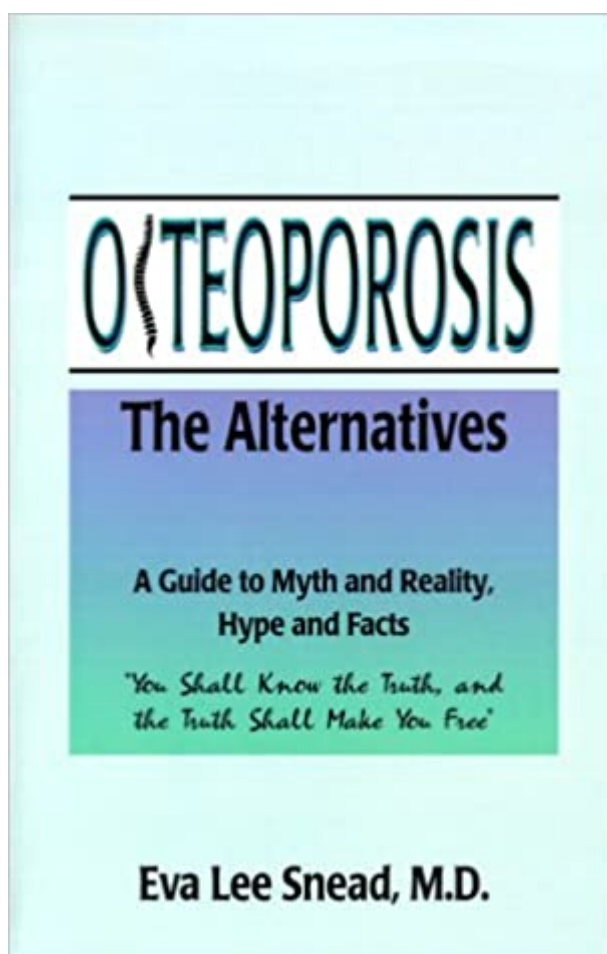


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# Osteoporosis: The Alternatives, A Guide To Myth And Reality, Hype And Facts



## Synopsis

This is a must read for anyone who has this disease. This silent disease that progresses for decades, without any outward signs needs the patient to understand the therapies that are available to help. Dr. Snead has researched all of the medical data so that you may be informed of and have a better choice of treatments. This is a highly technical book which your Dr. may not be aware of and you should. Questions and Answers are clearly examined so there should be no question of proper treatment and care.

## Book Information

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## Customer Reviews

"A concise and highly recommended consumer's guide in preventing and treating osteoporosis by rational natural means..." -- Dr. Leonard G Horowitz

Eva Lee Snead, M.D. has been a strong promoter of health and healing, an educator and guide in the field of alternative health for years. She has had extensive medical training, with emphasis on endocrinology, the science of glands and hormones, in which she served an internship. She has been in the practice of Medicine, Nutrition, and Chelation therapy for better than 34 years. During these years she dealt with numerous degenerative illnesses, including that of osteoporosis.

when Eva Snead researches a topic she does it thoroughly. this work is a comprehensive examination of BOTH conventional/ allopathic and alternative/ natural approaches to prevention and

treatment. Unlike many other authors of wholistic bent she gives credit to orthodox physicians and scientists when due and she also challenges some accepted 90's "natural" hype when it isn't backed up by good research or might pose a risk for the consumer. It is a very technical discussion but just when it might get too dry she provides some witism for which she is famous. And she always makes sure to translate medicalese into layman's language for the reader's benefit. There is a wonderful explanation of chelation therapy, another of cellular electron bond/ionization/free radical theory. She handles diet and other environmental contributors to bone health. 27 pages of references from peer review publications and a terrific glossary of 15 pages. And an encouraging summary that explains that this scourge of osteoporosis is not just treatable but even reversible.

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What You Must Know about Statin Drugs & Their Natural Alternatives: A Consumer's Guide to Safely Using Lipitor, Zocor, Mevacor, Crestor, Pravachol, or Natural Alternatives  
Resolving Osteoporosis: The Cure & Guide Book: A Referenced Guide to Your Body, Life, Mind, Bones, Prevention and Diet While Dealing With Osteoporosis  
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